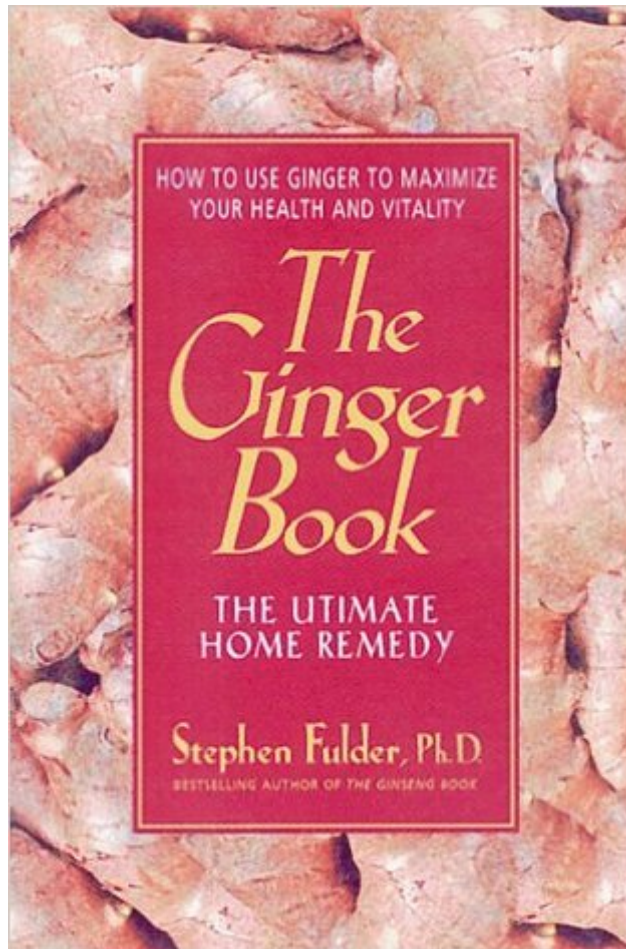


The book was found

The Ginger Book: The Ultimate Home Remedy



Synopsis

Offers advice and suggestions for using ginger to treat such ailments as digestive problems, circulatory disorders, and an immune enhancer, and includes the history and folklore of ginger.

Book Information

Mass Market Paperback: 147 pages

Publisher: Avery (January 1, 1996)

Language: English

ISBN-10: 0895297256

ISBN-13: 978-0895297259

Product Dimensions: 6 x 0.4 x 9 inches

Shipping Weight: 4.8 ounces

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (3 customer reviews)

Best Sellers Rank: #1,924,185 in Books (See Top 100 in Books) #83 in [Books > Medical Books > Pharmacology > Reference](#) #2894 in [Books > Health, Fitness & Dieting > Alternative Medicine > Herbal Remedies](#) #21029 in [Books > Health, Fitness & Dieting > Diets & Weight Loss](#)

Customer Reviews

I absolutely LOVE this book, I cant wait to read some of the other books Fulder has written. I happened across it in the library when looking for other herbal informational books. The Ginger Book is packed full of helpful and specific information from where it comes from to what it is good for, and everything in between. Chapters: 1. ginger as a medicine 2. ginger and the circulatory system 3. ginger and the digestive system 4. ginger for coughs, colds, aches, and pains 5. growing and trading of ginger 6. chemistry of ginger 7. history and folklore of ginger 8. ginger products and preparations 9. ginger up your cooking 10. conclusion it also includes further reading and an index my favorite part is probably the history and folklore, which includes the gingerbread man story, as well as information like how popular it was in country fairs and festivals and how women used to bake gingerbread men and they called them "husbands" for their 'obvious warming qualities'. there is also information on many different cultures uses of ginger, from the ceremonial to the every day cooking and harvesting of. ginger through history, gingers cultivation, and also explains that ginger is NOT in fact, a root at all, but a rhizome! 9ok, so maybe i already knew that but its still SUPER cool ;) very interesting, not at all hard to read, and Fulder makes it easy to get excited about ginger!

[Download to continue reading...](#)

The Ginger Book: The Ultimate Home Remedy Cooking with Ginger: Top 50 Most Delicious Ginger Recipes (Recipe Top 50's Book 87) Tinnitus Miracle Solution: Proven Tinnitus Remedy Guide to Stop Hearing Loss & Ear Ringing (Tinnitus Relief, Tinnitus Remedy, Tinnitus Treatment) The Miracle Of Green Tea: Herbal Remedy for Weight Loss, Diabetes, Blood Pressure, Cholesterol, Cancer, Allergies and Much, Much More (Overcome Caffeine ... Tea Benefits, Tea Cleanse, Natural Remedy) Feng Shui: Wellness and Peace- Interior Design, Home Decorating and Home Design (peace, home design, feng shui, home, design, home decor, prosperity) Home Security: Top 10 Home Security Strategies to Protect Your House and Family Against Criminals and Break-ins (home security monitor, home security system diy, secure home network) Lemongrass and Ginger Cookbook: Vibrant Asian Recipes Banh Mi: 75 Banh Mi Recipes for Authentic and Delicious Vietnamese Sandwiches Including Lemongrass Tofu, Soy Ginger Quail, Sugarcane Shrimp Cake, and Honey-Glazed Beef California Foraging: 120 Wild and Flavorful Edibles from Evergreen Huckleberries to Wild Ginger (Regional Foraging Series) The Everything Pre-Diabetes Cookbook: Includes Sweet Potato Pancakes, Soy and Ginger Flank Steak, Buttermilk Ranch Chicken Salad, Roasted Butternut Squash ... Pie ...and hundreds more! (Everything®) Gardening at Ginger: My Seven-Year Obsession with Designing and Planting a Personal Landscape Ginger Snaps (A Jack Patterson Thriller) The Agronomy and Economy of Turmeric and Ginger: The Invaluable Medicinal Spice Crops (Elsevier Insights) Gardening: Air-Cleaning House Plants to Purify Your Home - DIY Home, Home Gardening & Indoor Gardening (Healthy Home, Gardening for Beginners, Container ... Hacks, Healthier You, Outdoor Gardening) Natural Remedy Book for Dogs and Cats The Gastritis & GERD Diet Cookbook: 101 Healing Cookbook Recipes for Effective Natural Remedy in the Treatment, Prevention and Cure of Gastritis and Acid Reflux Essiac: A Native Herbal Cancer Remedy Kidney Stones: How To Treat Kidney Stones: How To Prevent Kidney Stones (Kidney Stone Treatment & Prevention Guide With All Natural & Medical Solutions To Remedy Pain Or Prevent In The First Place) Get Rid of Herpes: The Natural, Safe, Effective, Herpes Remedy! Herpes Remedy - 10 Ways to Cure Herpes Forever

[Dmca](#)